Rock Spring Swim Club
2024 Swim Lesson Schedule
American Red Cross: Learn to Swim Program

Session 1: June 17-June 28

8:45-9:30	Level 1	
9:30-10:00	Pre-Aquatics	
10:00-10:45	Level 2	Level 4
11:00-11:45	Level 1	Level 3

Session 2: July 1-July 12 (No class on July 4)

8:45-9:30	Level 1	
9:30-10:00	Pre-Aquatics	
10:00-10:45	Level 1	Level 3
11:00-11:45	Level 2	Level 4

Session 3: July 15-July 26

| 10:00-10:45 | Level 1 | Level 3 |
| 11:00-11:45 | Level 2 | |

Prices:
Members:
Early Bird (until 5/18/2024)
$80
Regular (starting 5/25/2024)
$90

Non-members: (starting 6/1/24)
$110

Strokes Clinic Prices:
Members:
Early Bird (until 5/18/2024)
$60
Regular ((starting 5/25/2024)
$70

Non-members: Registration (begins 6/1/2024)
$90

Strokes Clinics: Strokes Clinics are offered only to swim team members.
July 15-19
10:00-10:45   Intro Clinic: Swimmers 10 & Under (limited to 10 swimmers)
11:00-11:45   Intermediate Clinic 11& Over (limited to 10 swimmer)

The American Red Cross Suggested Progression

Preschool Aquatics…Water Adjustment.............................. ..... 2 1/2-4 years
Level 1……………Introduction to Water Skills ....4-5 years
Level 2……………. Fundamentals Aquatic Skills .... 6 years and up
Level 3…................ Stroke Development
Level 4…................ Stroke Improvement
Level 5…................ Stroke Refinement
Level 6…................ Personal Water Safety

The pools and playground do not open until 10:00 AM except for when used by the instructor for lessons.

Member registration will begin on March 1, 2024. Early bird prices will end on May 18, 2024. Regular registration for members will begin in-person at RSSC on May 57, 2024. Non-member registration will begin on June 1, 2024, in-person at the club. **Payment for in-person registration is by cash or check only**. The refund deadline is two weeks prior to the start of the class. Classes canceled past the deadline will not be refunded. Classes must be canceled by calling RSSC. A check will be mailed for all refunds. A $10 processing fee will be applied to all approved refunds requested by patrons. If the class is cancelled by the Club, a full refund by check will be issued.